



## **AGENDA**

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#### **UIL INFORMATION**

#### **SPORT SPECIFIC**

### **COACHING REMINDERS**

**RULES & REGULATIONS** 

**MISCELLANEOUS INFORMATION** 



### **Director of Athletics Dr. Susan Elza**



#### **ASSISTANT ATHLETIC DIRECTORS**

#### **Brian Polk**

#### **AJ Martinez**



Joseph Garmon





**Brandy Belk** 



### **LEAGUE GOVERNANCE**

- LEGISLATIVE COUNCIL RULE MAKING BODY, 32 SUPERINTENDENTS, ALL REGIONS, ALL CONFERENCES REPRESENTED.
- ✓ STATE EXECUTIVE COMMITTEE (SEC) 12 SCHOOL ADMINISTRATORS APPOINTED BY THE COMMISSIONER OF EDUCATION.
- ✓ WAIVER REVIEW BOARD 10 PERSON COMMITTEE, REVIEWS DECISIONS OF THE UIL WAIVER OFFICER ON APPEALS
- ✓ DISTRICT EXECUTIVE COMMITTEE (DEC) CONSISTS OF ONE VOTING MEMBER PER SCHOOL IN A GIVEN UIL DISTRICT.



## CONSTITUTION CHANGES 2020-2021

- <u>COACHES CERTIFICATION PROGRAM (CCP)</u> COACHES NOW REQUIRED TO HAVE ALL CCP COURSES DONE BY THE START OF THEIR FIRST PRACTICE OR THE START OF SCHOOL. WHICHEVER COMES FIRST.
- <u>PHYSICALS</u> FOR THE 2020-21 SCHOOL YEAR ONLY, ANY PARTICIPANT WHO HAS NOT PREVIOUSLY COMPLETED A PRE-PARTICIPATION PHYSICAL EXAMINATION (PPE), AND BEEN CLEARED FOR PARTICIPATION, WILL BE REQUIRED TO COMPLETE THE MEDICAL HISTORY FORM, AS WELL AS A PPE PRIOR TO PARTICIPATION IN ANY UIL PRACTICES, GAMES, PERFORMANCES, OR MATCHES.
  - PRACTICE REGULATIONS SESSIONS FOR STRENGTH &
     CONDITIONING INSTRUCTION MAY BE CONDUCTED BY SCHOOL
     COACHES FOR STUDENTS IN GRADES 7-12 FROM THAT COACHES
     ATTENDANCE ZONE STARTING THE FIRST DAY OF SCHOOL. A
     STRENGTH AND CONDITIONING SESSION SHALL BE NO MORE THAN
     ONE HOUR PER DAY OUTSIDE THE SCHOOL DAY, MONDAY THROUGH
     FRIDAY, AND A STUDENT SHALL ATTEND NO MORE THAN ONE SESSION
     OF SUPERVISED INSTRUCTION PER DAY.



## CONSTITUTION CHANGES 2020-2021

• <u>ELIGIBILITY (FIRST SIX-WEEKS)</u> –

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- (A) GRADES NINE AND BELOW. STUDENTS MUST HAVE BEEN PROMOTED FROM THE PREVIOUS GRADE.
- (B) SECOND YEAR OF HIGH SCHOOL. Two and one-half accumulated credits
- (c) THIRD YEAR OF HIGH SCHOOL. TEN ACCUMULATED CREDITS OR AT LEAST TWO AND ONE-HALF CREDITS WITHIN THE LAST TWELVE MONTHS
- (D) FOURTH YEAR OF HIGH SCHOOL. FIFTEEN ACCUMULATED CREDITS OR AT LEAST TWO AND ONE-HALF CREDITS WITHIN THE LAST TWELVE MONTHS.
- <u>UNIFIED ACTIVITIES</u>— PILOT PROGRAM TO COLLABORATE WITH SPECIAL OLYMPICS TEXAS FOR UNIFIED SPORTS.
- <u>SEPARATED PARENTS</u>— SEPARATED PARENTS WILL NOW BE CONSISTENT WITH THE GUARDIAN RULE (3 YEARS).
- <u>Area Track Meets</u> Area track Meets are now required unless the two districts are more than 150 miles apart.





# **UIL Staff Studies**

- Study the possibility of Home Field Advantage for all sports and all classifications.
- Study the possibility of changing the Junior High start time for athletic contests.
- ✓ Study the possibility of adding 1A volleyball, softball, and baseball to their own district





## **GOLF SPECIFIC INFORMATION**





- 8 Tournament Limit
- Travel Issues
- No Sunday Coaching
- Being an individual sport
- Non-UIL Tournaments

## COACHING REMINDERS

- KNOW YOUR RULES
- YEARLY REQUIRED TRAINING

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EDUCATE / LEAD YOUR Staff

"I didn't know what the outcome would be but I committed to the purpose."





# **KNOW YOUR RULES**

- Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).
- ✓ Download and / or print your <u>SPORT MANUAL</u>
  - Manuals include C&CR sport plan language, NFHS rule changes, UIL rule changes and they are updated annually.
- Checklist Quick Reference for everything you need
- ✓ Download or bookmark the Side by Side Manual
  - Will answer questions about no-pass / no-play, eligibility and more.





UIL Coaches' Checklist Golf 2020-21

	CHECKLIST	REFERENCE	COMPLETION DATE
~	PRE-SEASON		
	Register/update profile in the UIL Portal	UIL Portal	Prior to 1 <sup>st</sup> Practice
	Print and review Golf Manual	Golf Manual	Prior to 1 <sup>st</sup> Practice
	UIL yearly coaching requirements (CCP & TEC) (manual, p. 10)	Coaching Requirements	Prior to 1 <sup>st</sup> Practice
	Student participation required forms. Keep on file. (manual, p. 12)	Athletic Forms	Prior to 1 <sup>st</sup> Practice
	Varsity participation required forms. Keep on file. (manual, p. 12)	Athletic Forms	Prior to 1 <sup>st</sup> Practice
	Review rules regarding eligibility for athletic contests (manual, p. 11)	C&CR Sec. 400 & 403	Prior to 1 <sup>st</sup> Practice
	Review Golf Plan (manual, p. 8)	<u>Golf Plan</u>	Prior to 1 <sup>st</sup> Practice
	Review UIL rule changes	UIL Rule Changes	Prior to 1 <sup>st</sup> Practice
	Review USGA rule changes	<u>USGA</u>	Prior to 1 <sup>st</sup> Practice
	Complete PAPFs and file with UIL Office	PAPF Process	Prior to 1 <sup>st</sup> Practice
	Submit Individual Eligibility Form to district chair (UIL Portal)	UIL Portal	Prior to 1 <sup>st</sup> Contest
/	REGULAR SEASON		
	First day for playing interschool tournaments		1 <sup>st</sup> Day of School
/	POST-SEASON		
	District Certification by District Chair		April 10
	Regional Meets (Boys & Girls)		April 19-22
	Girls' State Meet		May 10-11
	Boys' State Meet		May 17-18

NEW 2020-2021 Checklists

Checklists for every sport have been created. All links are live and will take you right to the information you are looking for.

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Will be on manual page. Let us know if there is more you would like to see on these checklists.

\*ONLINE version of the Coaches Checklist can be found on the UIL Golf web page here.

## **UIL COACH EDUCATION AND TRAINING REQUIREMENTS** (STATE LAW)

- CPR AND FIRST AID TRAINING MUST HAVE A CURRENT CERTIFICATION FILED WITH THE DISTRICT
- > <u>AED TRAINING</u> MUST HAVE A CURRENT CERTIFICATION FILED WITH THE DISTRICT
- SAFETY TRAINING TRAINING PROVIDED BY UIL (CCP) PROGRAM, AND MUST BE COMPLETED PRIOR TO ANY CONTACT WITH STUDENTS
- CONCUSSION TRAINING TRAINING MUST BE COMPLETED ANNUALLY (2 HOURS EVERY OTHER YEAR/1 HOUR ANNUALLY)





## UIL COACHES EDUCATION AND TRAINING REQUIREMENTS

- <u>UIL PROFESSIONAL ACKNOWLEDGEMENT FORM</u>– ON FILE WITH THE DISTRICT (C&CR 1202(J))
- <u>COACHES CERTIFICATION PROGRAM (CCP)</u>- ONLINE / IN-PERSON TRAINING (CδzCR 1208(I))
- 1) CONSTITUTION & CONTEST RULES
- 2) ETHICS

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- 3) UIL STEROID EDUCATION
- 4) SAFETY TRAINING (STATE LAW)
- 5) CONCUSSION TRAINING (STATE LAW)
- 6) SPORT SPECIFIC TRAINING EACH SPORT HAS A SEPARATE MODULE
- 7) FOOTBALL COACHES ONLY BEST PRACTICES IN TACKLING CERTIFICATION
- 8) <u>FIRST YEAR COACHES ONLY</u> FUNDAMENTALS OF COACHING IN TEXAS (C&CR 1202 (L))
- 9) <u>SAFETY/RISK MINIMIZATION FOR CHEERLEADING COACHES</u> LOCAL DISTRICT DETERMINES THE PROVIDER FOR TRAINING, AND TRAINING MUST BE COMPLETED PRIOR TO ANY STUDENT CONTACT

## **STUDENT PARTICIPATION REQUIRED FORMS**

- > PRE-PARTICIPATION PHYSICAL EXAMINATION FORM (UPDATED LANGUAGE FOR 2020-21)
- **MEDICAL HISTORY FORM**
- Rules Acknowledgment Form
- > PARENT OR GUARDIAN PERMIT
- PARENT/STUDENT ANABOLIC STEROID USE AND RANDOM STEROID TESTING FORM
- **CONCUSSION ACKNOWLEDGEMENT FORM**
- Sudden Cardiac Arrest Awareness Form



**HS vs JH** 

### **PRACTICE & GAME REGULATIONS**

**PRACTICE**  $\succ$ **OUTSIDE THE SCHOOL YEAR VS SCHOOL IS IN-SESSION** COACHING OUTSIDE YOUR SPORT SEASON INDIVIDUAL SPORTS VS TEAM SPORTS GAMES **SEASON LIMITS SCHOOL WEEK VS CALENDAR WEEK** 





## GENERAL REGULATIONS FOR JUNIOR HIGH

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**SCHEDULING.** NO GAME, CONTEST, SCRIMMAGE OR TOURNAMENT, INCLUDING DISTRICT COMPETITION, SHALL BEGIN PRIOR TO THE END OF THE ACADEMIC SCHOOL DAY FOR ALL PARTICIPANTS.

No Post-district Competition. There shall be no post-season playoffs or competition in any Athletic event.







### ELIGIBILITY - 1ST SIX-WEEKS OF SCHOOL YEAR

**GRADES NINE AND BELOW** - PROMOTED

**SECOND YEAR OF HIGH SCHOOL** – FIVE ACCUMULATED CREDITS

THIRD YEAR OF HIGH SCHOOL - TEN ACCUMULATED CREDITS OR FIVE CREDITS WITHIN THE LAST TWELVE MONTHS

FOURTH YEAR OF HIGH SCHOOL - FIFTEEN ACCUMULATED CREDITS OR FIVE CREDITS WITHIN THE LAST TWELVE MONTHS

### **ELIGIBILITY** SUB-VARSITY AND JUNIOR HIGH

AN INDIVIDUAL IS ELIGIBLE TO PARTICIPATE IF...

#### SUB VARSITY ELIGIBILITY

- FULL TIME STUDENT
- ACADEMICALLY ELIGIBLE
- JUNIOR HIGH ELIGIBILITY
- FULL TIME STUDENT
- ACADEMICALLY ELIGIBLE
- Age Appropriate for JH athletic competition







VARSITY ATHLETICS

- MEETS ALL REQUIREMENTS OF SECTION 400 & 403
  IS AN AMATEUR
  MEETS PARENT RESIDENCE RULE
  MEETS THE AGE RULE
  HAS NOT CHANGED SCHOOLS FOR ATHLETIC PURPOSES
- ✓ PREVIOUS ATHLETIC PARTICIPATION FORM

# PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF

•Required for All <u>NEW</u> students in grades 9-12 who have:

- **REQUIRED** IF A STUDENT <u>PRACTICED</u> OR <u>PARTICIPATED</u> WITH A FORMER SCHOOL IN GRADES 8-12 IN ANY UIL ATHLETIC ACTIVITY.
- <u>New school</u> must verify that the student meets the parent residence rule.
- DISTRICT EXECUTIVE COMMITTEE MUST DETERMINE THAT STUDENT DID NOT MOVE FOR ATHLETIC PURPOSES AND APPROVE PAPF BEFORE A STUDENT IS ELIGIBLE TO PARTICIPATE AT THE VARSITY LEVEL AT THE NEW SCHOOL
- SUBMITTED ON THE UIL PORTAL.

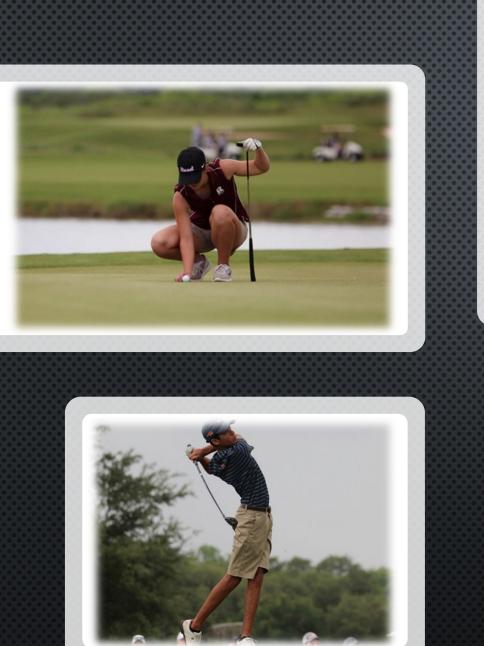




### NON-SCHOOL PARTICIPATION SECTION 1209(C), NON-SCHOOL PARTICIPATION

- School sponsored camp for students in *grades six and below*: two camps are allowed, per sport, during the school year.
- ✓ Allowed in BASEBALL, BASKETBALL, FOOTBALL, SOCCER, SOFTBALL AND VOLLEYBALL.
  - All students with the <u>exception</u> of students entering their second, third or fourth year of high school may attend <u>TWO</u> school sponsored camps during the summer break.
- Instruction can be given by 7<sup>th</sup>-12<sup>th</sup> grade coach from their school district.

\*See Off-Season & Non-School Participation – Section 1209\* (continued on next slide)







## **CONTACTS & LINKS**

## LINKS FOUND ON UIL WEBSITE

- <u>CONSTITUTION & CONTEST RULES (C&CR)</u>
- **TEA-UIL SIDE-BY-SIDE**
- <u>ATHLETIC RULES (SECTIONS 1200 THROUGH 1210</u> <u>C&CR)</u>
- <u>RULES VIOLATIONS AND PENALTIES (SECTION 1207</u> <u>C&CR)</u>
- **BOOSTER CLUB GUIDELINES**
- <u>SUMMER STRENGTH & CONDITIONING REGULATIONS</u>
- NON-SCHOOL PARTICIPATION REGULATIONS

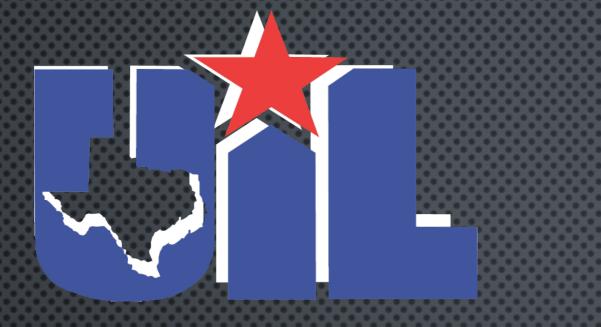
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- **Positive Leadership** You have an incredible platform...
- ✓ **Don't Compare** Comparisons are negative...Team sports are different than individual sports, individual sports are different from one to the other...We do not have a sport in the state of Texas that is in bad shape!
- Social Media Call us, email us, Negativity on social media is not a good look!
- ✓ **<u>Be Pro-Active</u>** Don't be a complainer!



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